

My Medications

Patient's Name

Health Care Provider's Name

Health Care Provider's Phone

Some medications and supplements may be dangerous or even fatal when combined with opioid pain medications. To prevent any dangerous side effects, it is important to keep a detailed list of all medications or supplements you are taking and to share this information with your health care provider.

Medication	How much?	How often?	Reason?	Prescribed by:

NEED HELP?

Call **1–800–662–HELP (4357)** for 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish, or visit *www.samhsa.gov/find-help*.

Find more information on safe pain management here: http://www.cdc.gov/drugoverdose/prescribing/patients.html





